

My Lovely and Memorable Student Life in Taiwan

By Rezky Aulia Yusuf

Ni hao! I am Rezky Aulia Yusuf and I am from Indonesia. I was born on 26th of January 1994 in Makassar, South Sulawesi of Indonesia and I am a master student in International Health Program (IHP) at National Yang-Ming University. In this part of magazine I would like to share my memorable and valuable experiences as an International student in Taiwan.

Let me start my story and rewind my memory back to in 2015. It was exactly in my last semester of my bachelor degree in Public Health Program and I was starting worked as research assistant and teaching assistant in Public Health Department at Universitas Muslim Indonesia. Since that, after involved in many research projects, being a young public health practitioner in a number of health-community services and being exposed in professional academic

atmosphere and international conferences, I am starting to have my big ambition to study abroad.

During my journey for a year in finding scholarship and university to pursue post graduate study, I decided to choose to study in International Health Program at School of Medicine, National Yang-Ming University (NYMU). This field is relevant with my educational background and my previous profession. Further, I find this program is very systematic curriculum and complete courses that I am interested in.

Additionally, I also found that NYMU is one of the best schools of medicine in the world. Studying in NYMU Taiwan is a way to realize my future goal and link my study background and my future goal. Thus, no doubt I am coming here to pursue my master degree, because I

▼ In front of Taipei Public Library, one of my favorite places for doing school work. The place is so peaceful and cozy.





▲Group picture with professors and colleagues at IHP end year party.

believed studying master degree in IHP-NYMU will enable me to enhance my knowledge, professional skills, and personal quality in education and public health services. Also, another special advantage is I also could learn Chinese language. Awesome!

Moving far to September 2017, I am still remember it vividly when for the first time I stepped my foot in Taoyuan International Airport. I was so happy, excited and nervous while looking at them millions of light of Taipei city amazed my eyes at same time. For my arrivals in Taipei, IHP already arranged that they will pick me up in airport to the NYMU dorm. I can feel such a warm and nice people in Taipei at the time. As time goes by, my feeling at that time is true. All the school and department officer are very nice, friendly and helpful for me and I believe all students feel the same. In IHP-NYMU, I am studying with friends from various countries. The university and class atmosphere are very internationally, friendly and knowledgeable. In this program, I had chance to visit several public health care departments in Taiwan, such as Health Promotion Administration (HPA), Ministry of Health and Welfare, Taipei City Hospital, FDA (Food and Drug Administration), CDC (Centers for Disease Control), National Health Insurance

Administration, Department of Chinese Medicine and Pharmacy and Shuangxi Public Health Center of New Taipei City Government. These opportunities gave me a bunch of knowledge about Public health system in Taiwan that substantially important for me to learn.

Studying in Taiwan at IHP-NYMU also gave me opportunities to attend several International Conferences of Global Health and Public Health seminars that invited



▲Me with one of my favorite country flag, Taiwan!



▲Cycling for 15 km with my host family in Taiwan.



▲Me with lovely friends and my host family, we did hiking and walking around Shifen and Pingxi. It was a wonderful day!

expert speakers from around the world. From those activities open my view about international health and also I have chance to make friends with public health professionals and students from around the world.

In addition, I will always remember that all of professors in IHP-NYMU always teach me with dedication, patient, and professionalism, they are knowledgeable, helpful and very friendly. I love them! And absolutely with all the very nice facilities that NYMU provides for students make my study become valuable and awesome in NYMU.

At NYMU also I met with lots of lovely friends from around

the world. During the holiday or weekend, sometimes we spent time together for cycling, picnicking, eating, and travelling around together to see the beautiful scenery of Taiwan.

Moreover, as a foreign student of course I have a big curiosity about Taiwan culture and the people. For thus, since my first semester I join in Taiwan Hostfamily Program by Ministry of Education. Through this program I had met with several families and know more about Taiwanese cultures. They are very kind, lovely and helpful. I spent a lot of time with them.

We did hiking, cooking Taiwanese food together, enjoying

▼Taipei tour with International Student Association (ISA-NYMU) and International Student Volunteer Group (ISVG- NYMU)





▲Introducing Indonesian culture to lovely kids in Neili Junior High School.

night market and many more fun activities.

I even have some chance to introduce about my country - Indonesia to students in Junior high school as well as teaching English in primary school. They make my student life in Taiwan become more lovely and memorable. Again I love them and thank you so much for all nice people around me while I am in Taiwan!

Talking about the city and country, I really like it when I can access the internet for free in all the part of Taipei city. The city is very modern but still keeps the nature. Public transportation is very convenient, and there are lots of green parks. Sidewalk is everywhere as well as the cycling path all the long of the road.

One of the nice things that I also would like to mention, Taiwan is the safest country that I ever visited in my life! Let me share my stories when I lost my things. I

remember at the time, I dropped my wallet in public place and after three days someone gave it to the school security and everything in my wallet was still there! I also ever lost my student card and in one day I could get it back from MRT Lost-and-Found Service Center and everything in my student card pocket was still there! It is cool, right ?! I love Taiwan and the people are so nice!

Last but not least, all of my experiences above can be happened with the supports from Taiwan ICDF and IHP-NYMU. I would express my gratitude to the Taiwan ICDF (International Cooperation and Development Fund) and IHP-NYMU for the valuable supports and opportunities. On July 2019, I have finished my study and back to my home country. There's a time when sometimes later, I will miss to be back here. Taiwan is like a second home for me. Thank you! 🇹🇼

▼In “ICDF Talent Show 2019”, we were receiving price for “Best Popularity Award” ! We also won two others awards at the competition. What a good team work!

