# PMD tolerant direct-detection polarization division multiplexed OFDM systems with MIMO processing

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**Abstract:** This work proposes a novel direct-detection polarization division multiplexed OFDM scheme without the need of dynamic polarization control at a polarization-diverse receiver, and the proposed scheme is robust against polarization mode dispersion. Setting the frequency difference between two polarization-orthogonal reference carriers as one subcarrier spacing, possible signal fading can be avoided, and the corresponding interference from adjacent subcarriers is eliminated by a novel MIMO algorithm. The penalty caused by high channel matrix condition number can be decreased by inserting empty tones among subcarriers, and the polarization-dependent OSNR penalty at the BER of  $10^{-3}$  is <3.6 dB with an empty tone inserted every 8 subcarriers. Moreover, the numerical results demonstrate the  $16 \times 10^{3}$ -ps/nm chromatic dispersion and the 300-ps differential group delay will not induce additional penalty.

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#### 1. Introduction

Due to the exponentially growing demand for various broadband services, a high-capacity solution to next-generation optical networks must be spectrally efficient. Thanks to the advancement of digital signal processing (DSP), combined with spectrally efficient quadrature amplitude modulation (QAM), chromatic dispersion (CD) tolerant optical orthogonal frequency-division multiplexing (OFDM) has emerged as a potential candidate for future optical communication systems [1–9]. Although coherent (CO) OFDM can achieve high receiver sensitivity, narrow-linewidth lasers are required at the transmitter and the receiver, as well as frequency-offset and phase noise compensation algorithms [1–3]. By transmitting a reference optical carrier along with the OFDM signal, direct-detection (DD) is an alternative scheme to realize optical OFDM transmission, and its receiver can get rid of an optical hybrid and a local oscillator [4–9].

With a polarization-diverse receiving scheme [2, 3] and multiple-input multiple-output (MIMO) processing, CO-OFDM can be combined with a polarization division multiplexed (PDM) technique to increase spectral efficiency, and it is robust to polarization mode dispersion (PMD). Nonetheless, DD-OFDM would require the reference carrier to be equally separated into two polarization-diverse detectors to realize the PDM scheme [5] and/or to avoid PMD-induced power fading [6]. Consequently, impractical dynamic polarization control is needed to adjust the state of polarization (SOP) of the co-propagated reference carrier. In [7], a self-polarization-diverse receiver utilizes a narrow-band filter and a Faraday rotator mirror to rotate the carrier's SOP alone by 90°. Then, the PDM-OFDM signals over orthogonal polarizations can be detected individually without polarization control. Nonetheless, the frequency of the narrow-band filter must be controlled precisely. Moreover, two orthogonal-orthogonal reference carriers are generated at different sidebands with respect to the PDM-OFDM signals [8, 9]. Hence, the OFDM signals can be demodulated by the polarization-diverse receiver and MIMO processing [8], or subcarriers at a specific SOP can be detected without MIMO processing by filtering out the unnecessary reference carrier [9]. However, these schemes require twice guard interval, and the polarization-orthogonality between the reference carriers would be destroyed by PMD.

This work proposes a novel DD-PDM-OFDM scheme, and the scheme is robust against PMD without the need of additional optical filter and polarization control. In this scheme, the frequency of one of the reference optical carriers is shifted by one subcarrier spacing. Hence, possible signal fading is prevented at the polarization-diverse receiver. Due to the different frequencies of the reference carriers, a novel MIMO algorithm is applied to remove the interference from adjacent subcarriers after photo-detection. However, the channel matrix of the MIMO algorithm has high condition number at some received SOP to result in performance penalty. To reduce the penalty, empty tones are inserted among subcarriers to decrease the condition number. From our numerical results, inserting an empty tone every 8 subcarriers can reduce the maximum polarization-dependent optical signal-to-noise ratio (OSNR) penalty at the bit-error rate (BER) of  $10^{-3}$  to ~3.6 dB, and more empty tones would further decrease the penalty at the price of lower spectral efficiency. Furthermore, simulation is given to show the ability of the proposed scheme against CD and the first order PMD. With the CD of  $16 \times 10^3$  ps/nm and the differential group delay (DGD) of 300 ps, 16-QAM 47-Gbps DD-PDM-OFDM signals suffer from negligible additional OSNR penalty.

## 2. Operation principle

While a polarization beam combiner (PBC) is applied to combine two DD-OFDM signals,  $x_1$  and  $x_2$ , in the PDM scheme, their reference carriers turn out to be one completely polarized carrier shown in Fig. 1(a). Hence, the reference carrier of the traditional DD-PDM-OFDM scheme could be generated directly in the form of single-polarization [5]. After transmission over polarization-uncontrolled channel, the traditional scheme requires dynamic polarization

control to equally separate the reference carrier after a polarization beam splitter (PBS) [5]. Without polarization control, as shown in Fig. 1(a), signal fading may occur at one detector due to the lack of the reference carrier, and the two transmitted signals cannot be recovered from the mixed signal at the other detector. In our proposed DD-PDM-OFDM scheme, the reference carriers of two orthogonal DD-OFDM signals are not at the same frequency, but the frequency of one of them,  $c_2$ , is shifted by one subcarrier spacing,  $\Delta f$ , shown in Fig. 1(b). As a result, the received total powers of the reference carriers after the PBS are independent of the received SOP. Although undesired signal fading is avoided in the proposed scheme, the received signals,  $y_1$  and  $y_2$ , would contain the interference from not only the mixed polarization subcarriers but also adjacent subcarriers due to the different frequencies of the reference carriers. Hence, to remove the interference and recover the mixed signals, the channel model is needed to apply MIMO processing. While the beating term between a subcarrier and the carrier of  $c_2$  will up-convert the frequency of the subcarriers by  $\Delta f$  compared with the traditional DD-OFDM in Fig. 1(a), the received  $i^{th}$  subcarriers would be composed of the transmitted  $i^{th}$  and  $(i-1)^{th}$  subcarriers:

$$\begin{bmatrix} y_{1,i} \\ y_{2,i} \end{bmatrix} = \mathbf{h}_{i} \begin{bmatrix} x_{1,i-1} \\ x_{2,i-1} \\ x_{1,i} \\ x_{2,i} \end{bmatrix} + \mathbf{w}_{i} = \begin{bmatrix} h_{i,11} & h_{i,12} & h_{i,13} & h_{i,14} \\ h_{i,21} & h_{i,22} & h_{i,23} & h_{i,24} \end{bmatrix} \begin{bmatrix} x_{1,i-1} \\ x_{2,i-1} \\ x_{1,i} \\ x_{2,i} \end{bmatrix} + \begin{bmatrix} w_{1,i} \\ w_{2,i} \end{bmatrix}$$
(1)

where  $\mathbf{h}_i$  and  $\mathbf{w}_i$  represent the channel response and noise, respectively. Notably, the contribution of  $x_{1,i-1}$  and  $x_{2,i}$  in Eq. (1) comes from polarization mixing. Without polarization mixing, all the entries of  $\mathbf{h}_i$ , except  $h_{i,12}$  and  $h_{i,23}$  or  $h_{i,22}$  and  $h_{i,13}$ , will be zero. Assuming *N* subcarriers for each polarization, the whole MIMO relation is  $\mathbf{Y} = \mathbf{H}\mathbf{X} + \mathbf{W}$ , or

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Fig. 1. The schematic plots of (a) the traditional DD-PDM-OFDM scheme without polarization control, and (b) the proposed scheme (inset: the setup of the modulator used in this work [10])

Since the beating term between the  $N^{\text{th}}$  subcarrier and the carrier of  $c_2$  will become the  $(N + 1)^{\text{th}}$  subcarriers, **Y** and **W** are  $(2N + 2) \times 1$  vectors, and **H** is a  $(2N + 2) \times (2N)$  matrix. Moreover, the transmitted OFDM signals are assigned from the 1<sup>st</sup> to the  $N^{\text{th}}$  subcarriers, and therefore, **h**<sub>1</sub> and **h**<sub>N+1</sub> in Eq. (2) are 2×2 matrices, instead of 2×4 matrices presented in Eq. (1). Once the channel response of **h**<sub>i</sub> is estimated by proper training symbols, the MIMO demodulation can be realized by the zero-forcing algorithm of  $\mathbf{H}^{-1}\mathbf{Y}$ , where  $\mathbf{H}^{-1}$  indicates the pseudo inverse of **H**.

When the zero-forcing algorithm is applied, nonetheless, the recovered signals are composed of the transmitted signal **X** and the noise term of  $\mathbf{H}^{-1}\mathbf{W}$ . Accordingly, the noise would be intensified, if the condition number of **H** is high. Unfortunately, since *N* of an OFDM signal is generally large, the condition number of **H** might be high. Without considering CD and PMD for simplicity, the optical channel could be treated as a frequency- irrelevant random orientated Jones matrix, **R**, with the entries of  $r_{11}$ ,  $r_{12}$ ,  $r_{21}$ , and  $r_{22}$ . Figure 2(a) shows the corresponding relations among the transmitted and received optical signals. For example,  $y_{1,i}$ will include  $r_{11}r_{12}^*x_{1,i-1}c_2^*$  which is the beating term between  $r_{11}x_{1,i-1}$  and  $r_{12}c_2$ . Hence, let the powers of both carriers be unity, the channel response, **h**<sub>i</sub>, can be represent as

$$\mathbf{h}_{i} = \begin{bmatrix} r_{11}r_{12}^{*} & |r_{12}|^{2} & |r_{11}|^{2} & r_{11}^{*}r_{12} \\ r_{21}r_{22}^{*} & |r_{22}|^{2} & |r_{21}|^{2} & r_{21}^{*}r_{22} \end{bmatrix}$$
(3)

When **R** is diagonal or anti-diagonal indicating no polarization mixing, the condition number of **H** is unit and irrelevant to *N*, and the powers of **W** and  $\mathbf{H}^{-1}\mathbf{W}$  will be identical. Nevertheless, if two orthogonal signals are equally separated into two receivers and  $|r_{11}| = |r_{12}| =$  $|r_{21}| = |r_{22}|$ , the condition number and the power of  $\mathbf{H}^{-1}\mathbf{W}$  will become the highest and increase with *N*. Because the condition number is independent of the relative phase among the entries of **R**, **R** can be assumed real and  $r_{11} = r_{22} = \cos\theta$  and  $r_{12} = -r_{21} = \sin\theta$ , where  $\theta$  can be understood as the relative angle between the PBC at the transmitter and the PBS at the receiver. Consequently, the best and the worst cases can be denoted by  $\theta$  of 0 and 45°, respectively. Moreover, with a large *N*, the computational complexity of  $\mathbf{H}^{-1}$  would also be high for hardware implementation. Hence, to lower both the condition number of **H** and the computational complexity of  $\mathbf{H}^{-1}$ , empty tones are required to separate subcarriers into groups shown in Fig. 2(b). When each group is composed of  $N_g$  subcarriers, the numbers of groups and empty tones are both  $N/N_g$ , and therefore, the spectral efficiency of the proposed scheme becomes  $\sim 2 \times N_g/(1 + N_g)$  times, compared with a single-polarization DD-OFDM system.



Fig. 2. The schematic plots of (a) the frequency-irrelevant Jones matrix of the channel and (b) allocating empty tones

# 3. Numerical results and discussion

In our simulation, a dual-parallel Mach-Zehnder modulator (MZM) is adopted, as shown in the inset of Fig. 1 [10], and the generation of each DD-OFDM signal requires only one MZM by electrically combining baseband OFDM signals and a sinusoidal wave. With respect to the laser frequency, the reference optical carriers are generated at the lower sideband, and the OFDM signal composed of 160 subcarriers are modulated at the baseband. All the subcarriers are encoded by random binary data as 16-QAM format with the fast-Fourier transform size of 256. With the sampling rate of 10 GSample/s and the CP of 1/16, the assemble data rates are 23.5 Gbps for each polarization and 47 Gbps for the DD-PDM-OFDM signal. The fiber transmission is assumed to be linear and lossless, and the transmission impairments of CD and the first order PMD are considered in our simulation. To evaluate the system performance in terms of OSNR, additive white Gaussian noise is loaded at both polarizations in front of the receiver to model amplified spontaneous emission (ASE) noise, and the out-of-band ASE noise is filtered by a 2<sup>nd</sup> order Gaussian filter with the 3-dB bandwidth of 30 GHz. Furthermore, the laser linewidth is set as 100 kHz to decrease the dispersion-induced phase noise [11], and the received OSNR is defined with the noise bandwidth of 0.1 nm.

Figure 3(a) shows the demodulated signal-to-noise ratios (SNRs) of each subcarrier for the best and the worst cases with the same OSNR of 24 dB and the  $N_g$  of 8 at back-to-back (BtB). In addition to the average SNR penalty of ~3.5 dB caused by polarization mixing, the subcarriers at the middle of each group show worse SNRs, compared with the subcarriers at the edge of each group which suffer the least interference from adjacent subcarriers. With  $N_g$  of 8, Fig. 3(b) plots the required OSNR to reach the BER of  $10^{-3}$  as a function of  $\theta$  at BtB, and the OSNR penalty caused by polarization mixing is smaller than 3.6 dB. Furthermore, Fig. 4(a) depicts the demodulated SNRs for the worst case with the same OSNR of 24 dB but different  $N_g$  of 8 and 40 at BtB. The subcarriers at the edges show similar SNRs for both cases, but for  $N_g$  of 40, those at the middle of each group suffer from the additional penalty of ~6 dB due to the higher condition number. Besides, the required OSNR for the BER of  $10^{-3}$  is plotted in Fig. 4(b) with different  $N_g$ . While the required OSNRs for the case without polarization mixing are irrelevant to  $N_g$ , the required OSNRs of the worst cases will increase with  $N_g$ . In addition, the power of the beating noise between the subcarriers and ASE noise is frequency-dependent [12], and this result in tilt SNR in Figs. 3(a) and 4(a).



Fig. 3. (a) The received SNR of each subcarrier for  $\theta = 0$  and 45° with  $N_g$  of 8 and 24-dB OSNR at BtB, and (b) the OSNR at BER of  $10^{-3}$  as a function of  $\theta$  with  $N_g$  of 8 at BtB



Fig. 4. (a) The received SNR of each subcarrier with  $N_g$  of 8 and 40 and 24-dB OSNR for  $\theta = 45^{\circ}$  at BtB, and (b) the required OSNRs at BER of  $10^{-3}$  for  $\theta = 0$  and  $45^{\circ}$  as functions of  $N_g$  at BtB.

To evaluate the tolerance to CD of the proposed DD-PDM-OFDM, Fig. 5(a) depicts the BER curves with and without the CD of  $16 \times 10^3$  ps/nm equivalent to 1000-km single-mode fiber transmission. Compared with the cases at BtB, the BER curves show negligible OSNR penalties after transmission for both  $\theta$  of 0 and 45°. Furthermore, the effect of DGD on the required OSNR is illustrated in Fig. 5(b), where the dashed curves are the cases with only  $16 \times 10^3$ -ps/nm CD and the solid curves represents the cases with  $16 \times 10^3$ -ps/nm CD and 300-ps DGD. While  $\theta$  is fixed at 0 or 45°, the required OSNRs are evaluated over different relative angles,  $\phi$ , between the PBC and the fiber fast axis. Because DGD would induce frequency-dependent polarization rotation, the performance with  $\theta$  of 0 might be worse than that with  $\theta$  of 45°. In fact, the signal performance depends on how the PBS splits the reference carriers, and coexistence of both carriers after the PBS will result in higher condition number. Thus, the results of Fig. 5(b) rely on how the DGD rotates the SOP of the reference carriers. When  $\phi$  is ~22.5°, for instance, the best case with  $\theta$  of 0 turns into the worst case. Nonetheless, from Fig. 5(b), the DGD does not contribute additional penalty except polarization mixing, since all the required OSNR are between those in the DGD-free cases with  $\theta$  of 0 and 45°.



Fig. 5. (a) The BER curves for  $\theta = 0$  and 45° with and without  $16 \times 10^3$ -ps/nm CD, and (b) the required OSNRs at BER of  $10^{-3}$  with  $16 \times 10^3$ -ps/nm CD and 300-ps DGD as functions of  $\phi$ .

#### 4. Conclusions

In this work, we proposed a novel DD-PDM-OFDM scheme, in which one of the reference carriers' frequencies is shifted to avoid signal fading after transmission. The possible interference among adjacent subcarriers at two SOP can be removed by the proposed MIMO processing. While the performance of the proposed scheme still depends on the SOP of the signals, the OSNR penalty between the best and the worst cases can be suppressed by inserting empty tones among subcarriers. The numerical results show that the maximum OSNR penalty is lower than ~3.6 dB with  $N_g$  of 8, and it is possible to further decrease this penalty by more empty tones. With the CD of  $16 \times 10^3$  ps/nm, the proposed 16-QAM 47-Gbps DD-PDM-OFDM signals demonstrate negligible OSNR penalty. Moreover, although PMD would change the received SOP, the simulation results show that the DGD of 300 ps does not induce additional OSNR penalty except polarization rotation. Hence, the proposed scheme is also robust to PMD. In short, compared with a single-polarization DD-OFDM system which suffers from PMD, our PMD tolerant system can increase the spectral efficiency by ~2 ×  $N_g/(1 + N_g)$ , but careful optimization of  $N_g$  is needed to maximize capacity owing to the trade-off between the spectral efficiency and the OSNR penalty from polarization mixing.

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