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相簿集錦 這是什麼? 相簿適用IE6, IE7, FireFox, Safari

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快訊 (校園焦點) Miss Espinosa 和Mr. Adams榮獲教育部高等教育基金會徵文比賽首獎及佳作

回校園焦點

現正收看 Miss Espinosa 和Mr. Adams 祭獲教育部高等教育基金會徵文比賽首獎及佳作 活動中心迴廊馬賽克藝術圖騰揭碑儀式

2012你感恩我送禮~感恩季活動

改善學生宿舍區手機訊號不良說明會

「德布希音樂裡光感與動感」演奏會

本校骨科器材研發中心「骨科器材檢測實驗室」獲得TAF認證通過

家事女巫林素芬:進入秋冬時節,打造溫暖的幸福!

中醫食補暨校內義診

Miss Espinosa 和Mr. Adams榮獲教育部高等教育基金會徵文比賽首獎及佳作

本校國際衛生學位學程碩士生Miss Natalia Serrano Espinosa和Mr. Rosmond Olando Romando Adams 參加教育部高等教育基金會(Study in Taiwan)所舉辦的活動Call for Story徵文比賽·榮獲第一名及佳作。

Miss Espinosa來自南美洲哥倫比亞(Republic of Colombia) · 她以 "The Road Less Traveled By" 一文 · 描述自己到台灣求學的經歷及闡明人要有揚帆出海的冒險精神‧因此榮獲第一名。來自中美洲聖文森及格瑞那 丁(Saint Vincent and the Grenadines)的Mr. Adams 以 "Taiwan- Touch Your Heart!" 分享他在台灣旅 遊、品嚐美食及感受風土人情的經驗,獲得佳作。他們的獲獎作品如下:

The Road Less Traveled By

By Natalia Serrano Espinosa (徐筱妮)





On June 2011 I was awarded the Taiwan ICDF scholarship to perform a MSc in International Health at NYMU. I decided to follow my heart and passion: Public Health.

I arrived to Taipei and found the country to be true to its former name, 'Formosa' meaning 'beautiful island.' I was instantly bombarded by signs with Chinese characters. No matter how long, how hard, in what angle, and from which distance I analyzed each character, I couldn' t understand. After Chinese lessons, those strange-looking characters turned into pictures, then into words, and then

into meaning. But like the Beatles once wrote, 'I get by with a little help from friends', and indeed I did. Even though there is a cultural difference between the Taiwanese and us, foreigners, I never perceived it as a barrier by definition. I have met the most welcoming and caring people.

The university is beautiful and modern. The library has a vast variety of literary selections. They have a friendly staff, and you permanently see them go out of their way to enhance your experience, organizing activities to get you acquainted with the culture. The country has always viewed education as a priority in their agenda, and all students are guaranteed to receive the highest-quality academic formation.

Among my many interests is the fascinating world of gastronomy. At first, I was a little resistive to try autochthonous foods like the chou doufu. I soon dove into it and was glad to do so. From there to here and from here to there, my Taiwanese acquaintances took me everywhere. Top trying these new tastes with the experience of the Night Market ambiance. When night is falling, the streets of various quarters are vividly sprung with lights and music coming from booths of all sizes, which sell all types of edibles. From my experience in this country, my new culinary motto is, "Go local or go home."

With my testimony, I' ma firm believer that you should always embark on the road less traveled by. Without having this concept in mind, I would have never been exposed to such a magnificent experience. Quoting Mark Twain, "Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines, Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Taiwan - Touch Your Heart!

By Rosmond Olando Romando Adams (羅世德)





Located in Eastern Asia is the small island of Taiwan formally known as Famosa. This island is my new home. I came to Taiwan as a student a year ago and since then I have adapted this beautiful country as my second home.

Taiwan is the first Asian country that I have visited and without a doubt I understand why its old name is famosa. The name gives the impression of a famous place and indeed I must say that Taiwan will always be a famous place in my heart.

It is a country not only rich in resources but rich in culture. From the beautiful mountains of Yang Ming to the pristine clear waters of the Baishawei Beach, there is something for every one to explore. Taiwan is the perfect destination to combine study with pleasure. One can achieve their educational goals and at the same time they can get to fully understand the Taiwan culture and make their study adventurous.

Taiwan is full of adventure and my stay here has become more than just a studying experience but one of adventure and long lasting memories.

I have totally immersed myself in the rich culture of this small paradise. I must say that it is indeed fitting for the tourist slogan to read "Taiwan – Touch your Heart" because anyone who comes here will feel the warmth and love of the Taiwanese people while they explore this beautiful island. Taiwan is indeed a place that not only touches my heart but also will remain in my heart forever.

From hiking in the mountains of Yang Ming, climbing the elephant mountain, cycling through Taipei, skim boarding in Danshui, visiting temples and night markets among many more to mention are some of the fun things that I have done here.

Another great experience is the Taiwanese food. I often refer to Taipei as the city of food because you can get food anywhere and at anytime. Taiwanese are very proud of their food and you cannot be here without trying delicacies such as stinky tofu, bawan, bubble tea just to name a few.

The night market experience especially the Shilin night market is one that you must experience. It is a place that comes alive with energy, food, culture, commerce, and many more activities when the sun goes down and is the perfect place to visit with friends after work or class.

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