

Patient subgroups of schizophrenia based on the Positive and Negative Syndrome Scale: composition and transition between acute and subsided disease states

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Abstract

The present study focuses on schizophrenia patient subgroups with specific symptom pattern using the Positive and Negative Syndrome Scale (PANSS). In this report, we intend to (1) provide a more appropriate analytic method for exploring the subgroups based on PANSS data, (2) validate identified subgroups with external variables, and (3) estimate probabilities of subgroup changes between 2 disease states. The analyzed data include 219 acute-state patients who had completed the PANSS within 1 week of index admission and 225 subsided-state patients who were living in the community and under family care. Regression extension of latent class analysis was performed. We found that acute schizophrenia can be classified into 4 subgroups—whole syndrome, whole syndrome without hostility, partial syndrome with negative symptoms, and partial syndrome with pure reality distortion—and that subsided schizophrenia can be classified into 3 subgroups—florid symptom, marked negative, and remitted. Patients of the whole syndrome, whole syndrome without hostility, partial syndrome with negative symptoms, and partial syndrome with pure reality distortion subgroups at the acute state were most likely to transit to the florid symptom (61%), florid symptom (48%), marked negative (42%), and remitted (56%) subgroups at the subsided state, respectively. Significant relationships of obtained subgroups with sociodemographic variables and neurocognitive variables were identified. These results of different subgroups will provide the background for facilitating current molecular, genetic, and neurobiological studies of schizophrenia.

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1. Introduction

Schizophrenia is a psychotic disorder characterized by several domains of symptoms. Instruments were developed for measuring and quantifying different symptom dimensions, such as the Scale for the Assessment of Negative Symptoms [1] and the Scale for the Assessment of Positive Symptoms [2]. The Scale for the Assessment of Negative Symptoms and Scale for the Assessment of Positive

Symptoms may be limited in their potential to identify other than positive and negative symptoms because of the prior selection of symptom dimensions. The Positive and Negative Syndrome Scale (PANSS) [3] provides an extensive assessment of the symptom phenomenology of schizophrenia.

Many studies have examined the structure of symptoms in schizophrenia based on the PANSS. A majority of studies have performed exploratory/confirmatory factor analysis [4–11], and there have been some studies using cluster analysis [12–14]. Cluster analysis can classify patients based on their PANSS ratings to identify the subgroups of patients, which could provide the foreground for further genetic and neurobiological studies to take the consideration of heterogeneity of schizophrenia.

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Positive and negative subgroups of schizophrenia were well reported in the 1980s [15–17]. In recent years, studies had found evidences in favor of more subgroups, with the number of subgroups ranging from 3 to 5 [12,13,18]. However, results of previous subgrouping studies have been inconclusive or limited for the following reasons. First, several authors have pointed out that the symptom structure (either symptom factors or patient subgroups) in schizophrenia may depend on the phase of chronicity [6,7,19,20]. Most studies did not differentiate between patients in different phases of the disease, which may constitute additional source of bias. Second, few studies have explored the relation of the obtained patient subgroups with established neuropsychological measures [14,21]. This analysis can show the external validity of the obtained patient subgroups. Third, most studies have been limited by using symptom components measured cross-sectionally; therefore, how the patients change their subgroups between the acute phase and the subsided phase is still unknown. This is important for evaluating the effectiveness of current treatment and the progressive patterns of the disease. Fourth, studies have submitted PANSS item scales to cluster analysis to estimate patient subgroups a priori; and then estimated subgroups are treated as known and modeled as a function of external variables. However, traditional cluster analysis is suited to continuous manifest variables, whereas PANSS items are of ordinal scales. Furthermore, this 2-step approach ignores the variation of patient subgroup estimation when modeling the association between patient subgroups and external variables; as a result, the significance of the association (ie, P value) can be biased.

In the present study, we had longitudinally collected PANSS measurements and neuropsychological test variables in acute and subsided disease states. The average interval between acute and subsided assessments was about 3 years. The data provided us a unique opportunity to address issues described above. We performed regression extension of latent class analysis (RLCA) [22], which is useful for simultaneously classifying patients based on their responses to a set of categorical items and studying the relationship between patient subgroups and external variables. Regression extension of latent class analysis can then examine patient subgroups underlying the PANSS, stability of the composition of patient subgroups across different disease states, transition of subgroups between disease states, and external validity of the obtained subgroups.

2. Methods

2.1. Subjects

The present study is composed of 3 projects: the Multidimensional Psychopathology Group Research Project (MPGRP), the Multidimensional Psychopathological Study on Schizophrenia (MPSS), and the Study on Etiological Factors of Schizophrenia (SEFOS). The initial project MPGRP

investigated the clinical manifestations of schizophrenia in a cohort of schizophrenia patients [14]. The subsequent project MPSS focused on the follow-up neuropsychological evaluation of the MPGRP patients [23]. The project SEFOS aimed to search for neurobiological, environmental, and genetic factors underlying schizophrenia.

The recruitment procedures have been detailed in earlier reports [24–26]. Briefly, from August 1, 1993, to June 30, 1998, all patients in the MPGRP were consecutively recruited from the acute inpatient wards of 3 hospitals—National Taiwan University Hospital and the university affiliated Taipei City Psychiatric Center and Taoyuan Psychiatric Center—based on the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition*, [27] criteria for schizophrenia. The MPSS project (July 1998–June 2001) then recruited those MPGRP patients who agreed to participate in further follow-ups. The SEFOS project, carried out between January 2002 and December 2005, used the families of schizophrenia as study units. The patients of the SEFOS project were newly recruited, after signing the informed consent, and were different from that of the MPGRP and MPSS projects. There were 3 different types of families, including simplex, multiplex, and normal control families, where simplex families had only one affected offspring and multiplex families had at least 2 affected offsprings. Written informed consent was obtained from all participants after complete description of the study. These studies were approved by the institutional review boards of the participating hospitals.

All subjects at admission of the MPGRP project had received psychiatrists' clinical assessments and the PANSS measurements. After their conditions had stabilized during the index hospitalization, subjects were tested with the Continuous Performance Test (CPT) [28]. At each follow-up project (MPSS and SEFOS), besides PANSS ratings and the CPT, other neuropsychological tests were also completed, including the Wisconsin Card Sorting Test (WCST) [29], Wechsler Adult Intelligence Scale–Revised (WAIS-R) [30], Wechsler Memory Scale–Revised (WMS-R) [31], and Trail Making Tests A and B (TMT-A and -B) [32,33].

This study included 329 subjects, composed of 226 cases from the MPGRP/MPSS project and 103 cases from the SEFOSS project. There were 219 acute-state patients who had completed the PANSS within 1 week of index admission to the MPGRP project. The patients with PANSS data at the subsided state were from the MPSS and SEFOS projects, where patients were living in the community and under family care. One hundred twenty-two patients at the subsided state were assessed with the PANSS in the first year of the MPSS project. One hundred three patients of the SEFOS project had complete assessments of the PANSS at the subsided state. Therefore, we had 225 patients with PANSS data at the subsided state for analysis. There were 115 subjects who were assessed with the PANSS both in the first week of admission at the MPGRP project and in the first-year study period of the MPSS project. Table 1 shows the

Table 1
Comparison of baseline characteristics between the subjects of follow-ups and loss to follow-ups in the MPGRP and the MPSS

	Follow-ups (n = 115)	Loss to follow-ups (n = 104)	<i>P</i> value ^a
PANSS subscale averaged scores			
Positive subscale	3.38 (1.00) ^b	3.58 (0.99)	.14
Negative subscale	2.94 (1.11)	3.31 (1.41)	.03
General psychopathology	2.48 (0.72)	2.74 (0.86)	.02
Sociodemographic variables			
Female sex (%)	46.96	52.88	.38
Single (%)	83.48	81.73	.73
Having occupation (%)	21.74	29.13	.21
Age at recruitment (y)	31.53 (7.09)	32.53 (7.42)	.31
Education (y)	11.18 (2.86)	10.97 (3.05)	.60
Onset age of psychotic symptoms (y)	22.07 (5.64)	23.97 (7.10)	.03

^a *P* values were for the difference between follow-ups and loss to follow-ups.

^b Mean (standard deviation).

comparison of baseline characteristics assessed at inclusion of the MPGRP project between the follow-ups and the loss to follow-ups into the first-year study of the MPSS project. It seems that the characteristics of the dropout patients were slightly worse in negative and general psychopathological subscales than the completely followed patients.

2.2. Study variables

The PANSS were used to assess patients' symptoms. We examined the external validity of the obtained patient subgroups based on PANSS ratings through their correlations with sociodemographic variables and neuropsychological test variables. Details of these variables are described in the following.

2.2.1. PANSS

The major instrument applied in this study was the PANSS, an assessment of the clinical psychopathological symptoms of schizophrenia. It had 30 items rated on a 7-point scale (1 = absent, 7 = extreme). The PANSS consisted of 3 subscales: positive (7 symptoms: P1-P7), negative (7 symptoms: N1-N7), and general psychopathology (16 symptoms: G1-G16). The Chinese version of the PANSS, the PANSS-CH, was translated from the English version specifically for the MPGRP. The details of development of the PANSS-CH and the reliability test were published in earlier literature [34]. It consisted of the original PANSS plus 3 supplementary excitability items.

The 30 PANSS-CH items of positive, negative, and general psychopathological subscales were used as patients' symptom measurements. The supplementary excitability items were not included in this study because the proportion of subjects who responded to supplementary items was low in the subsided state and the majority of researches about the PANSS structures used the 30 items for analysis. We reduced the 7-point scale on PANSS to the binary scale (no

symptom and having symptom) for RLCA analysis. Note that no symptom was composed of scales 1 (absent) and 2 (minimal) because the patients who were assessed with the minimal scale by psychiatrists had almost no symptom in practice. This reduction in the point scale was done to avoid possible rating errors, reduce the complexity of the fitted model, and ease the interpretation of results. With dichotomized measurements, our obtained subgroups reflect distinct PANSS symptom patterns of patients.

2.2.2. Sociodemographic variables

Sociodemographic variables included sex, age at recruitment, onset age of psychotic symptoms, years of education, and occupation (having vs no occupation). The category of no occupation included housewives, students, and unemployed and retired people.

2.2.3. Neuropsychological variables

The neuropsychological batteries assessed reaction time, attention, speed of information processing, and active problem solving. Specifically, the test batteries included several standard neuropsychological instruments with demonstrated reliability and validity, including the CPT, WCST, WAIS-R, WMS-R, and TMT-A and -B.

Individual subtests of the neuropsychological tests were recategorized into constructs of 8 cognitive functional domains that hypothetically reflect basic cognitive processes following the method of Kremen et al [35]. These domains comprised (1) verbal ability: subtests of Information, Similarity and Comprehension (WAIS-R); (2) visual/spatial ability: subtests of Block Design and Picture Arrangement (WAIS-R); (3) abstraction/execution: category achieved, perseverative response (WCST) and TMT-B; (4) verbal memory: subtests of Verbal Paired Associates, immediate and delayed recall; (5) visual memory: subtests of Visual Reproduction, immediate and delayed recall (WMS-R); (6) perceptual/motor ability: the TMT-A and the subtest of Digit Symbol Substitution (WAIS-R); (7) mental control: subtests of Arithmetic and Backward Digit Span (WAIS-R); and (8) attention: sensitivity index *d'* (undegraded CPT) and the subtest of Forward Digit Span (WAIS-R). Performance in the 8 domains was indicative of patient's neuropsychological functioning. Scores in each category were transformed into *z* scores compared with a control group matched for age, sex, and education years [23]. The *z* scores were adjusted so that higher scores indicated better performances.

2.3. Regression extension of latent class analysis

Regression extension of latent class analysis [22] is a statistical method useful in classifying individuals into some *J* subgroups based on their responses to a set of categorical items and in studying the relationship between individual's subgroup membership and independent variables (predictors). In our application, RLCA was applied to 30 dichotomized PANSS items. Sociodemographic variables and neuropsychological test variables were the, say, *P*

independent variables incorporated into RLCA. The parameters of RLCA are (1) the (conditional) probability with which members of subgroup j endure symptom on PANSS item m ; (2) the prevalence of subgroup j ; (3) the odds ratio of belonging to subgroup j vs the (reference) subgroup J comparing across persons who differ on independent variable p , where $1 \leq j \leq J$, $1 \leq m \leq 30$, and $1 \leq p \leq P$. The conditional probabilities provide information about the degree of association between each of PANSS items and patient subgroups and are analogous to factor loadings in factor analysis [36]. The conditional probabilities give the sensitivity of PANSS items for indicating a particular patient

subgroup. The subgroup prevalence reflects the distribution of patients over all subgroups. An odds ratio significantly greater than 1 indicates that patients with higher values of the p th independent variable are more likely to be in the j th subgroup than in the reference subgroup and are used for external validity.

Before fitting RLCA, the number of subgroups needs to be determined. In this study, the estimated number of subgroups was expected to fix at the number J that minimizes the Akaike information criterion (AIC) [37] and the Bayesian information criteria (BIC) [38].

The software for fitting RLCA can be downloaded from the Internet: <http://140.113.114.4/software.htm> under the category “RLCA.” Example programs for implementing the software to analyze the PANSS are available from the first author.

Table 2
Proportions of having symptom on PANSS items

Symptom	Acute (n = 219)	Subsided (n = 225)	P value ^a
	% of having symptom ^b	% of having symptom ^b	
P1 Delusions	93.6	52.9	<.001
P2 Conceptual disorganization	68.0	40.9	<.001
P3 Hallucinatory behavior	83.6	45.8	<.001
P4 Excitement	53.0	17.8	<.001
P5 Grandiosity	26.5	18.2	.04
P6 Suspiciousness/persecution	79.0	34.7	<.001
P7 Hostility	51.6	14.2	<.001
N1 Blunted affect	67.1	48.0	<.001
N2 Emotional withdrawal	69.4	44.0	<.001
N3 Poor rapport	51.1	31.6	<.001
N4 Passive/apathetic social withdrawal	66.2	55.1	.02
N5 Difficulty in abstract thinking	75.8	66.7	.03
N6 Lack of spontaneity/flow of conversation	49.8	40.9	.05
N7 Stereotyped thinking	53.9	41.8	.01
G1 Somatic concern	42.5	31.6	.01
G2 Anxiety	55.3	37.8	<.001
G3 Guilt feelings	13.7	17.8	.19
G4 Tension	41.1	22.2	<.001
G5 Mannerisms and posturing	23.7	10.7	<.001
G6 Depression	40.2	23.6	<.001
G7 Motor retardation	36.5	22.7	.001
G8 Uncooperativeness	47.0	15.6	<.001
G9 Unusual thought content	77.2	44.9	<.001
G10 Disorientation	29.2	16.0	<.001
G11 Poor attention	56.2	29.3	<.001
G12 Lack of judgment and insight	96.8	71.1	<.001
G13 Disturbance of volition	50.2	33.8	<.001
G14 Poor impulse control	49.8	20.4	<.001
G15 Preoccupation	63.0	26.2	<.001
G16 Active social avoidance	52.5	30.2	<.001

^a P values were for the difference between acute and subsided states. Because some patients were evaluated in both acute and subsided states, P values were based on the generalized estimating equations approach with the exchangeable correlation structure [52] to adjust for the association between measurements from the same individual.

^b Having symptom = value of 3 to 7 in the 7-point scale.

3. Results

The percentages of having PANSS symptoms are shown in Table 2. The patients at the acute state were more likely to present PANSS symptoms than patients at the subsided state, except for the guilt feelings (G3) item. Table 3 shows the sociodemographic and neuropsychological characteristics of patients at acute and subsided states.

Table 3
Characteristics of the study subjects at the acute or subsided state of schizophrenia disorder

Variable	Acute (n = 219)	Subsided (n = 225)	P value ^a
Female sex (%)	49.77	47.1	.49
Single (%)	82.60	87.60	.09
Having occupation (%)	25.23	25.30	.99
Age at recruitment (y)	32.00 (7.25) ^b	34.01 (8.05)	.01
Education (y)	11.08 (2.95)	11.80 (2.94)	.01
Onset age of psychotic symptoms (y)	22.97 (6.43)	21.36 (5.90)	.01
CPT			
Adjusted z score of undegraded d'	-3.44 (2.46)	-1.81 (2.15)	<.001
Adjusted z score of degraded d'	-3.06 (1.72)	-1.90 (1.83)	<.001
8 Neuropsychological functional domains			
Verbal ability	N/A ^c	-0.73 (1.10)	
Visual/spatial ability	N/A ^c	-0.88 (0.91)	
Abstraction/execution	N/A ^c	-0.26 (0.62)	
Verbal memory	N/A ^c	-1.34 (2.18)	
Visual memory	N/A ^c	-1.60 (1.76)	
Perceptual/motor ability	N/A ^c	-1.93 (1.39)	
Mental control	N/A ^c	-1.24 (1.10)	
Attention	N/A ^c	-1.24 (1.42)	

^a P values were for the difference between acute and subsided states. Because some patients were evaluated in both acute and subsided states, P values were based on the generalized estimating equations approach with the exchangeable correlation structure [52] to adjust for the association between measurements from the same individual.

^b Mean (standard deviation).

^c These neuropsychological variables were not measured in the acute disease state.

3.1. Results for patients at the acute state

3.1.1. Composition of patient subgroups

Regression extension of latent class analysis models with the number of subgroups varying from 2 to 8 were fitted for selecting the best number of patient subgroups. When the number of subgroups increased, the RLCA model can become unstable and was difficult to converge because of the model identifiability problem [39]. The AIC and BIC values both decreased from 2 to 5 subgroups, but began to go up and down afterward. Therefore, we chose to fit the RLCA model with 5 or fewer subgroups. We further examined 4- and 5-subgroup models. The composition of the 5-subgroup model had a basic structure similar to the composition of the 4-subgroup model, with a new subgroup that was originally combined with other subgroups under the 4-subgroup model. After reviewing the interpretation and external validity of 2 models, we decided that the 4-subgroup RLCA, with AIC = 6949.4 and BIC = 6991.3, was more appropriate for modeling patients at the acute state.

Table 4 shows conditional probabilities of having the presence of PANSS symptom items for certain subgroup in acute schizophrenia. The first subgroup had widespread whole syndrome of hostility/excitement, disorganization, and negative symptoms in addition to reality distortion (delusion and hallucination), covering most of positive, negative, and general psychopathological items of the PANSS. It was named the *whole syndrome* (WS) subgroup. The second subgroup was composed of widespread negative and disorganization symptoms in addition to reality distortion but without hostility, and was named the *whole syndrome without hostility* (WSOH). In the third subgroup, other than the delusional symptom, the main symptoms were 5 negative items (N1, N2, N4–N6) and had no hostility. It was named the subgroup of *partial syndrome with negative symptoms* (PSWN). The fourth subgroup could be labeled the subgroup of *partial syndrome with pure reality distortion* (PSWR) because it was composed of delusion and hallucination only and did not have most of the negative symptoms. The prevalence of these 4 subgroups varied, with the lowest prevalence of 16% for the PSWN subgroup, the highest prevalence of 39% for the PSWR subgroup, and the WS and WSOH having prevalences of 23% and 21%, respectively.

3.1.2. External validity

Table 5 shows the odds ratios for the relationship between subgroups of schizophrenia at the acute state and sociodemographic/neuropsychological variables. Odds ratios comparing any 2 subgroups were presented, and the CPT was the only neuropsychological test performed in the acute state.

By comparing with the patients of the PSWR subgroup (ie, based on the first 3 odds ratios of Table 5), we can characterize other 3 subgroups as follows. Patients of the WS subgroup were more likely to have lower *z*-standardized

Table 4

Composition of symptom items, shown by conditional probabilities,^a assessed by the PANSS in the 4-subgroup model defined by the RLCA for psychopathology at the acute state of schizophrenia disorder

Subgroup	Symptom	WS		WSOH		PSWN		PSWR	
		⁺ ^b	⁻ ^b	⁺	⁻	⁺	⁻	⁺	⁻
P1	Delusions	.99		.94		.68		.99	
P2	Conceptual disorganization	.94		.89					
P3	Hallucinatory behavior	.99		.87				.86	
P4	Excitement	.80					.88		
P5	Grandiosity		.67		.91		.83		.64
P6	Suspiciousness/persecution	.98		.76				.84	
P7	Hostility	.99			.73		.70		
N1	Blunted affect	.92		.97		.99			.77
N2	Emotional withdrawal	.98		.97		.91			.71
N3	Poor rapport	.91		.71					.85
N4	Passive/apathetic social withdrawal	.90		.93		.88			.72
N5	Difficulty in abstract thinking	.93		.92		.80			
N6	Lack of spontaneity/flow of conversation	.72		.83		.71			.89
N7	Stereotyped thinking	.90		.82			.85		.67
G1	Somatic concern						.78		
G2	Anxiety	.67		.79			.87		
G3	Guilt feelings		.84		.79		.99		.86
G4	Tension	.75					.91		.75
G5	Mannerisms and posturing				.71		.97		.89
G6	Depression						.72		.63
G7	Motor retardation			.86					.92
G8	Uncooperativeness	.95			.79				.62
G9	Unusual thought content	.96		.75				.78	
G10	Disorientation						.74		.96
G11	Poor attention	.81		.81					.68
G12	Lack of judgment and insight	.99		.98		.97		.94	
G13	Disturbance of volition	.71		.78					.73
G14	Poor impulse control	.91					.82		
G15	Preoccupation	.96		.87			.80		
G16	Active social avoidance	.92		.72			.84		.66

^a The conditional probabilities were shown while they were significantly different from .5 at the .05 level.

^b “+” and “-” represent “having symptom” and “no symptom” levels, respectively.

degraded *d'* on the CPT (impaired sustained attention). Patients of the WSOH subgroup were more likely to be male and have lower *z*-standardized degraded *d'* on the CPT. Patients of the PSWN subgroup tended to have lower *z*-standardized degraded *d'* on the CPT. There was no difference among 3 groups of WS, WSOH, and PSWN in all external validating variables.

3.2. Results for patients at the subsided state

3.2.1. Composition of patient subgroups

In the subsided phase, the AIC and BIC values both decreased from 2 to 4 subgroups, but began to go up and down afterward. After considering the AIC and BIC criteria and the interpretation and validity of obtained subgroups, in the subsided phase, we adopted a 3-subgroup RLCA model with AIC = 6899.5 and BIC = 6932.1.

Table 5
External validity of the 4-subgroup model of acute state schizophrenia defined by the RLCA

Variable ^a	WS vs PSWR		WSOH vs PSWR		PSWN vs PSWR		WS vs PSWN		WSOH vs PSWN		WS vs WSOH	
	OR	CI	OR	CI	OR	CI	OR	CI	OR	CI	OR	CI
Female sex (vs male)	0.77	(0.38-1.56)	0.40*	(0.19-0.83)	0.71	(0.31-1.60)	1.09	(0.45-2.62)	0.57	(0.23-1.41)	1.91	(0.85-4.28)
Age at recruitment (1 y)	1.06	(0.99-1.13)	1.03	(0.96-1.10)	1.05	(0.98-1.13)	1.01	(0.94-1.09)	0.98	(0.91-1.06)	1.03	(0.97-1.11)
Age of onset (1 y)	0.96	(0.90-1.03)	0.98	(0.90-1.05)	0.96	(0.89-1.05)	1.00	(0.92-1.09)	1.01	(0.92-1.11)	0.99	(0.91-1.07)
Years of education (1 y)	0.89	(0.79-1.01)	1.03	(0.90-1.16)	0.90	(0.78-1.04)	0.99	(0.85-1.15)	1.14	(0.97-1.33)	0.87	(0.76-1.00)
Having occupation (vs no)	0.83	(0.38-1.84)	0.86	(0.39-1.92)	0.36	(0.12-1.08)	2.34	(0.72-7.64)	2.43	(0.75-7.93)	0.96	(0.39-2.36)
CPT (1 unit)												
Adjusted z score of undegraded d'	0.88	(0.69-1.12)	0.91	(0.72-1.14)	0.85	(0.63-1.15)	1.03	(0.74-1.42)	1.06	(0.77-1.45)	0.97	(0.74-1.27)
Adjusted z score of degraded d'	0.79*	(0.66-0.94)	0.78*	(0.65-0.93)	0.77*	(0.63-0.96)	1.02	(0.82-1.26)	1.00	(0.80-1.25)	1.02	(0.84-1.23)

OR indicates odds ratio; CI, 95% confidence interval of OR.

^a Parentheses identify the unit of increase or the reference group for which the odds ratio was calculated.

* *P* value < .05.

Table 6 shows the conditional probabilities of having the presence of specific PANSS symptom items for certain subgroup in subsided schizophrenia. The first subgroup was characterized by the existence of prominent reality distortion, disorganization, and negative symptoms at the subsided state. This subgroup was named the *florid symptom* subgroup. The second subgroup can be labeled the *marked negative* one because there were only significant negative symptoms. In the third subgroup, the patients had no significant symptoms identified; and it can be labeled the *remitted* subgroup. In addition, the remitted subgroup had the highest prevalence of 46%; and the prevalence of florid symptom and marked negative subgroups was 30% and 24%, respectively.

3.2.2. External validity

Table 7 contains the odds ratios for the relationship between subgroups of subsided schizophrenia and socio-demographic/neuropsychological variables. By comparing with the patients of the remitted subgroup (ie, based on the first 2 odds ratios of Table 7), we can characterize the other 2 subgroups as the following. Patients of the florid symptom subgroup tended to be older, be younger at onset age of psychotic symptoms, be less educated, be prone to have no occupation, and show significantly worse performance in all neuropsychological functioning. Patients of the marked negative subgroup were more likely to be male, be less educated, have no occupation, and tend to perform significantly worse in all neuropsychological functioning except for the abstraction/execution and verbal memory ability where the difference was not significant. When comparing with the marked negative subgroup, the florid symptom subgroup tended to be older, younger at onset age of psychotic symptoms, and more educated. However, there was no difference in all neuropsychological function domains between these 2 subgroups.

3.3. Transition of subgroups between acute and subsided states

There were 115 subjects who were assessed with the PANSS in both the acute and subsided disease states (the

averaged follow-up period was 1143 days with a standard deviation of 417 days). Table 8 shows the tabular cross-classification of these 115 subjects by their acute- and subsided-state subgroups. The *P* value of the χ^2 test for the contingency table is .01, which reveals the strong association between acute and subsided subgroups. A majority of patients (61%) belonging to the WS subgroup at the acute state maintained to be in the florid symptom subgroup at the subsided state. The WSOH patients of the acute state were more likely to be in the florid symptom subgroup at the subsided state. Fifty-six percent of the patients attributed to the PSWR subgroup at the acute state would become remitted at the subsided state. Patients of the PSWN subgroup at the acute state showed higher probability to be retained in the marked negative subgroup than to change to other subgroups at the subsided state.

4. Discussion

From a descriptive psychopathological viewpoint, this study reveals the underlying patient subgroups of schizophrenia based on the PANSS ratings. Using RLCA, this article presents that (1) there exist different structures of patient subgroups in the acute and subsided disease phases, (2) there are different external validity indicators related to the identified subgroups, and (3) the transition probabilities between subgroups of acute and subsided states can be fairly well predicted. These efforts will surely contribute to the progress in the delineation of complex genetic and neurobiological pathogenesis of schizophrenia.

We have demonstrated the usefulness of RLCA in studying patient subgroups. Regression extension of latent class analysis is a more appropriate approach for analyzing ordinal-scale's PANSS than traditional cluster methods (eg, Ward method), which are good only for continuous variables. However, we pay the price of fitting a much more complicated statistical model and risking the numerical instability of RLCA due to estimating a large number of parameters with 30 PANSS items simultaneously. To

Table 6

Composition of symptom items, shown by conditional probabilities,^a assessed by the PANSS in the 3-subgroup model defined by the RLCA for psychopathology at the subsided state of schizophrenia disorder

	Subgroup Symptom	Florid symptom		Marked negative		Remitted	
		+ ^b	- ^b	+	-	+	-
P1	Delusions	.93			.69		.62
P2	Conceptual disorganization	.86			.61		.88
P3	Hallucinatory behavior	.84			.67		.73
P4	Excitement				.88		.96
P5	Grandiosity		.62		.96		.87
P6	Suspiciousness/persecution	.72			.83		.80
P7	Hostility		.67		.91		.95
N1	Blunted affect	.66		.92			.87
N2	Emotional withdrawal	.72		.80			.93
N3	Poor rapport			.65			.97
N4	Passive/apathetic social withdrawal	.77		.94			.79
N5	Difficulty in abstract thinking	.94		.89			.63
N6	Lack of spontaneity/ flow of conversation			.76			.88
N7	Stereotyped thinking	.72					.85
G1	Somatic concern				.78		.78
G2	Anxiety	.67			.84		.70
G3	Guilt feelings		.76		.90		.82
G4	Tension		.62		.81		.86
G5	Mannerisms and posturing		.75		.92		.97
G6	Depression		.64		.86		.80
G7	Motor retardation		.67				.96
G8	Uncooperativeness		.66			.82	.98
G9	Unusual thought content	.88			.78		.71
G10	Disorientation		.75		.74		.96
G11	Poor attention	.64			.64		.96
G12	Lack of judgment and insight	.97		.86			
G13	Disturbance of volition						.88
G14	Poor impulse control				.84		.94
G15	Preoccupation	.66			.83		.95
G16	Active social avoidance				.69		.87

^a The conditional probabilities were shown while they were significantly different from .5 at the .05 level.

^b “+” and “-” represent “having symptom” and “no symptom” levels, respectively.

overcome the numerical instability, we followed the standard practice of using multiple sets of initial values for parameter estimation. All different sets of initial values converged to similar results. We also used the statistical modeling software Mplus [40], which can fit a mixture model similar to RLCA but with different parameterization (results are not shown). Patient subgroups from Mplus were similar to the ones we report here. Mplus’ conclusion about relationships between subgroups and external variables was consistent with the conclusion from RLCA but with weaker significance in estimated relations.

The PANSS item ratings used a 7-point scale. It is a good rating scale for severity measurement in assessment of clinical treatment responses. In this study, the rating was lumped into a dichotomized assignment of yes or no. Other than the strength of statistical purpose as stated above, this way of coding is of practical convenience in assessing the subgroups of schizophrenia. To define the subgroups of schizophrenia, the clinical practitioners and researchers can easily code yes or no for specific PANSS items.

To our knowledge, this is the first study demonstrating how schizophrenia patients change their subgroups between different disease states empirically. A majority of studies had proven that the factor structure of symptoms was stable over time [5,8,10,41]. These findings suggest that, although symptomatological presentation during episodes of illness may largely overlap [10], individual patients can endure different symptoms over time. Theoretically, this clinical phenomenon suggests the possibility of the existence of different subgroups of schizophrenia across the illness course.

This study presents a 4-subgroup model at the acute state and a 3-subgroup model at the subsided state of schizophrenia disorder. At the acute state, the schizophrenia syndromes defined by the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition*, criteria allow the possibility of the existence of the “whole syndrome” encompassing the whole spectrum of symptomatology assessed by the operational scale of PANSS and the “partial syndrome” with part of the spectrum of schizophrenia psychopathology. This study performed by RLCA did find these 2 (whole and partial)

Table 7
External validity of the 3-subgroup model of subsided state schizophrenia defined by the RLCA

Variable ^a	Florid symptom vs Remitted		Marked negative vs Remitted		Florid symptom vs Marked negative	
	OR	CI	OR	CI	OR	CI
Female sex (vs male)	0.68	(0.35-1.30)	0.44*	(0.22-0.90)	1.52	(0.73-3.18)
Age at recruitment (1 y)	1.06*	(1.01-1.12)	0.95	(0.90-1.00)	1.12*	(1.05-1.19)
Age of onset (1 y)	0.93*	(0.87-0.99)	1.04	(0.96-1.13)	0.89*	(0.82-0.97)
Years of education (1 y)	0.84*	(0.75-0.95)	0.73*	(0.64-0.84)	1.15*	(1.00-1.32)
Having occupation (vs no)	0.24*	(0.10-0.55)	0.41*	(0.17-0.95)	0.59	(0.22-1.58)
8 Neuropsychological functional domains (1 unit)						
Verbal ability	0.58*	(0.40-0.85)	0.66*	(0.44-0.99)	0.88	(0.58-1.34)
Visual/spatial ability	0.48*	(0.24-0.97)	0.36*	(0.18-0.71)	1.33	(0.65-2.77)
Abstraction/execution	0.42*	(0.20-0.93)	0.46	(0.22-1.01)	0.91	(0.39-2.14)
Verbal memory	0.70*	(0.54-0.92)	0.86	(0.68-1.09)	0.82	(0.63-1.06)
Visual memory	0.62*	(0.48-0.79)	0.72*	(0.56-0.93)	0.85	(0.68-1.08)
Perceptual/motor ability	0.64*	(0.42-0.97)	0.66*	(0.46-0.96)	0.96	(0.66-1.41)
Mental control	0.36*	(0.23-0.56)	0.49*	(0.31-0.79)	0.73	(0.46-1.14)
Attention	0.45*	(0.31-0.67)	0.55*	(0.37-0.83)	0.81	(0.58-1.38)

^a Parentheses identify the unit of increase or the reference group for which the odds ratio was calculated.

* *P* value < .05.

subsyndromes at the acute state (Table 4). The whole syndrome was divided into the whole syndrome with (WS) and without (WSOH) the symptoms of hostility (Table 4). The partial syndrome was further divided into the partial syndrome with prominent negative syndrome (PSWN) and the partial syndrome with prominent reality distortion (delusion and hallucination) and without negative symptoms (PSWR) (Table 4).

Using the generalized association plot analysis [42], we also found a 3-subgroup model of the remitted (RM), marked blunt (MB), and persistent delusion/hallucination (PDH) subgroups using the PANSS data assessed at 6 months after

inclusion of the study of the MPGRP project (Liu et al, unpublished data). Theoretically, the RM, MB, and PDH subgroups were corresponding to the remitted, negative symptom, and florid symptom subgroups, respectively. The generalized association plot analysis performed based on correlation structure of PANSS data emphasized the quantitative nature of the data. This RLCA approach emphasized the qualitative nature of PANSS data. The concordant finding of a 3-subgroup model with similar symptom profile did provide the validity of this 3-subgroup model at the subsided state of schizophrenia. Taking the neurobiological hypothesis of schizophrenia into consideration, the remitted (or RM) subgroup could be of pure dopamine psychosis [43,44], the negative symptom (or MB) subgroup could be of neurodevelopment psychosis [45-47], and the florid symptom (or PDH) subgroup could be of continual neurodegeneration in the sustaining psychotic course of the illness [48]. In this study, the prevalence of the remitted, negative symptom, and florid symptom subgroups based on PANSS data at the subsided state was 46%, 24%, and 30%, respectively, for those subjects who only received PANSS assessment at the subsided state and 40%, 25%, and 35%, respectively, for those patients who were assessed at both acute and subsided states. For our other study (Liu et al, unpublished data), the prevalence of the RM, MB, and PDH subgroups was 38%, 31%, and 32%, respectively. These prevalence data were very much similar even using different statistical approaches in different sampling structures; and this provided the clinical validity of this 3-subgroup model, too. This 3-subgroup model may provide the new orientation of genetic and neurobiological studies on the pathogenesis of schizophrenia, taking the clinical and genetic heterogeneity into consideration.

In the present study, the pure positive subgroup was only identified in the acute phase. Dollfus et al [12] in their

Table 8
Contingency table of the acute-state subgroup vs the subsided-state subgroup for 115 repeatedly measured subjects

Subgroups of the acute state	Subgroups of the subsided state			Total
	Florid symptom	Marked negative	Remitted	
WS	11 ^a (61) ^b (27) ^c	4 (22) (14)	3 (17) (7)	18 (100) (15)
WSOH	12 (48) (30)	5 (20) (17)	8 (32) (17)	25 (100) (22)
PSWN	6 (25) (15)	10 (42) (34)	8 (33) (17)	24 (100) (21)
PSWR	11 (23) (27)	10 (21) (34)	27 (56) (59)	48 (100) (42)
Total	40 (35) (100)	29 (25) (100)	46 (40) (100)	115 (100) (100)

^a The number of subjects in the cell.

^b The row percentage.

^c The column percentage.

combined population of acute and subsided patients reported that the pure positive subgroup contained patients essentially (90.5%) in the acute phase, which is consistent with our findings. However, Lykouras et al [13] showed that there was no difference in the proportions of acute patients across 5 identified subgroups, which revealed that there was no association between patient subgroups and disease phases and is different from our findings of only the acute phase containing the pure positive subgroup.

The validity of patient subgroups based on PANSS data can also be supported by the correlation of the subgroups with external validating data of demographic and neuropsychological variables (Tables 5 and 7). Taking the subgroups assessed at the subsided state as the core subgroups of schizophrenia hypothetically, there must be more correlated external validating variables at the subsided state than that assessed at the acute state. However, the core pathology of the specific subgroup assessed at the subsided state could also be observed at the acute state by combining appropriate subgroups for comparison. This study did show that this hypothesis was true. In contrast to the remitted subgroup, the florid symptom subgroup and the negative symptom subgroup at the subsided state had prominent negative symptoms. The presence of negative symptoms might contribute to the worse neuropsychological functioning profile of these 2 subgroups (Table 7). Analogous results had been reported in some previous studies. Mahurin et al [49] found that greater verbal memory impairment was associated with the negative subgroup. In the literature, the negative subgroup was thought to have perceptual motor skill problems [49,50]. This was also true for the 3 subgroups of WS, WSOH, and PSWN that presented negative symptoms at the acute state of schizophrenia. The sustained attention was also worse in these 3 subgroups, comparing with the PSWR that had no negative symptoms. These findings confirm the suggestions of Liu et al [24], Hwu et al [14], and Brazo et al [21]. Comparing with the remitted subgroup, the presence of negative symptoms of the florid symptom and marked negative subgroups at the subsided state might also be significantly related to demographical variables of being male, being less educated, and tending to have no occupation. The florid symptom subgroup tended to be older than the remitted subgroup. At the acute state, those subgroups having negative symptoms including WS, WSOH, and PSWN also tended to have a higher chance of being male and being older at the time of the study. Based on these findings, we emphasized the core psychopathological meaning of negative symptoms assessed by PANSS at both acute and subsided states.

The subgroup of schizophrenia without negative symptoms was the PSWR at the acute state and the remitted at the subsided state. This subgroup was similar to the traditional nomenclatural paranoid subtype [51]. This PSWR and remitted subgroup could be due to the neurobiological pathogenesis of pure dopamine hyperactivity and no cognitive impairment. We hypothesize that this acute-PSWR and

remitted subgroup at the subsided state may have dopamine transmission problems and have no structural-cognitive pathology in the illness course of schizophrenia. This hypothesis deserves to be proven using molecular, genetic, and brain imaging approaches.

On the other hand, those cases with negative symptoms could be divided into 2 subgroups of florid symptom and marked negative symptom. Both subgroups had worse cognitive impairments in similar cognitive domain and similar degree of impairment; however, there might exist some different characteristics. The florid symptom subgroup tended to be at older age to reach clinical severity and have younger onset age of psychotic symptoms than the marked negative symptom subgroup. This marked negative symptom subgroup might be thought to have early neurodevelopmental problems with widespread cognitive impairment because of its relatively delayed neurologic treatment response. In contrast, the florid symptom subgroup with widespread cognitive impairment tended to have a longer duration between disease onset and clinical severity. This clinical course fits the degenerative etiological process. Thus, both subgroups are hypothesized to have brain structural pathology but may have differential genetic etiology. This is a testable hypothesis for current nosology study of schizophrenia using genetic and brain imaging approaches; and we suggest that these subgroups of schizophrenia, for clinical and research purpose, could be considered in the future design of subclassification system of schizophrenia such as in *International Classification of Diseases, 11th Revision*, and *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*.

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