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## Selective growth of single InAs quantum dots using strain engineering

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A method to achieve ordering and selective positioning of single InAs self-assembled quantum dots (QDs) has been developed. The selective growth was achieved by manipulating the strain distribution on the sample surface. The QDs are formed on predesigned mesas with added strain. Single dots were obtained on small mesas. Using this technique, two-dimensional single QD arrays have been achieved. © 2002 American Institute of Physics. [DOI: 10.1063/1.1433169]

The self-assembled quantum dots (QDs) grown by Stranski–Krastanov (SK) mode are promising candidates for use in quantum devices because of their ease in fabrication and their high-quality, defect-free properties. Device applications using QDs, such as QD lasers,<sup>1</sup> QD resonant tunneling devices,<sup>2</sup> and memory devices,<sup>3</sup> have been intensively studied for several years. However, QDs grown using SK growth mode are usually randomly distributed on the growth surface and suffer from fluctuations in size and strain in a random manner. It is almost impossible to place QDs in an organized way and at predesigned locations. The size fluctuation also results in large inhomogeneous broadening in their energy spectrum. This seriously limits potential-device applications of the QDs.

Recently, in order to solve these problems, there has been a great amount of effort expended in the study of self-assembled QD formation on patterned substrates to improve control of the size uniformity and position. Mui *et al.* made use of differences in atom diffusion on faceted surfaces to control QDs formation.<sup>4</sup> Lee *et al.* combined lithography with *in situ* lateral strain engineering to control QDs formed on a mesoscopic surface.<sup>5</sup> Tsui *et al.* utilized selective area epitaxy and an oxide-patterned substrate to position QDs on a GaAs facet.<sup>6</sup> As for fabrication of single QDs, recent studies have demonstrated site control of individual QDs by *in situ* nanolithography combined with molecular beam epitaxy using an ultrahigh-vacuum multichamber system.<sup>7,8</sup> But the main problems they are confronted with are direct QD growth on the etched surface, unknown materials introduced during the patterning process, and a complex multichamber system.

In this letter, we report a selective growth method that is capable of placing a single InAs QD at a given location on a GaAs substrate. The idea behind this technique comes from the following: (1) self-assembled QDs are formed because of strain relaxation during dot formation and result in a decrease in the total strain energy of the epilayer/substrate sys-

tem, and (2) if a local strain is artificially introduced into a given region, a two-dimensional (2D)-to-three-dimensional (3D) morphology change will take place before a critical thickness [ $\theta_c \sim 1.57$  monolayer (ML)] is reached for InAs QD formation. In our method, selective growth of QDs is achieved by artificially introducing additional strain energy at certain predesigned locations that are defined by e-beam lithography. QDs are therefore grown only at the locations selected while in other regions only 2D growth takes place. We have demonstrated single QD formation on small e-beam defined mesas. Controlled single dot arrays have also been achieved using this technique.

Our experiment was carried out in a Varian Gen II molecular beam epitaxy (MBE) system using As<sub>2</sub> (cracked As<sub>4</sub>) as the arsenic source. Figure 1 illustrates the sequence of our selective growth technique. First, in order to obtain local strain distribution, we deposited a 100 Å In<sub>0.2</sub>Ga<sub>0.8</sub>As layer and a 200 Å GaAs capping layer on an epi-ready GaAs (001) substrate. The substrate was then coated with 2% PMMA, and exposed to an e-beam to define a square lattice of mesas. The linear dimension of each mesa was 200 nm × 200 nm, and the mesas were separated by 500 nm. After PMMA development and wet chemical etching in a H<sub>2</sub>SO<sub>4</sub>:H<sub>2</sub>O<sub>2</sub>:H<sub>2</sub>O = 1:8:80 solution, the patterns were transferred onto the GaAs substrate. The etched mesas have a height of about 500 Å.

Before being introduced into the MBE system, the patterned GaAs (001) substrate was cleaned in solvent and then about 100 Å GaAs was removed by wet chemical etching using a H<sub>3</sub>PO<sub>4</sub>:H<sub>2</sub>O<sub>2</sub>:H<sub>2</sub>O = 3:1:50 solution. The MBE regrowth started with oxide desorption under As<sub>2</sub> flux at 610 °C. After the oxide layer was desorbed, the substrate temperature was lowered to 510 °C to deposit an 80 Å In<sub>0.1</sub>Ga<sub>0.9</sub>As buffer layer, which was used as a strain fine-tuning layer on the surface. This layer increases the strain energy to ensure subsequent QD formation on the mesas. Finally, 1.35 ML of InAs was deposited at a growth rate of ~0.05 ML/s and a V/III beam equivalent pressure ratio of ~100. The sample was cooled down under As<sub>2</sub> flux immediately afterward. While 1.35 ML of InAs is not enough to

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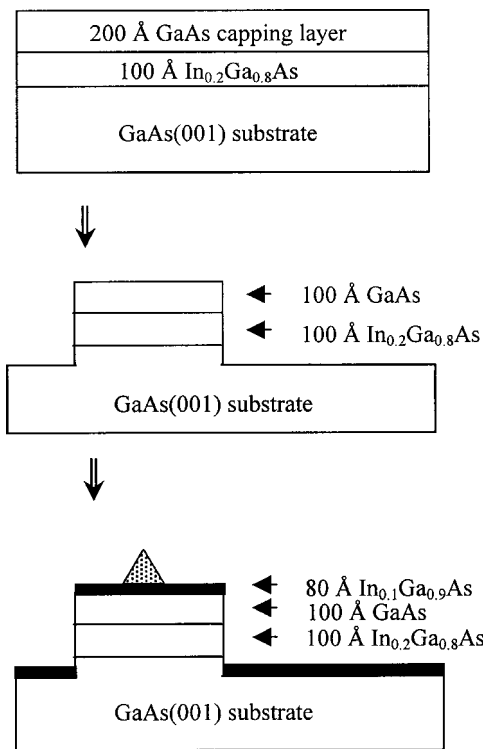


FIG. 1. Flow diagram of selective growth of single QDs. Sequentially from top to bottom, strain source preparation, e-beam patterning, and MBE regrowth.

cause QD formation on a regular GaAs surface, the added strain from this InAs deposition on the prestrained mesas is adequate to cause QD growth.

Figure 2(a) shows a scanning electron microscopy (SEM) image of the mesa lattice after MBE regrowth. It shows that the mesas in the lattice are elongated along the  $[1\bar{1}0]$  direction resulting in a rectangular shape and giving a new base dimension on the order of  $\sim 250\text{ nm} \times 150\text{ nm}$ . This anisotropic growth is caused by different atom diffusion rates along the two different  $\langle 110 \rangle$  directions. The sample was also studied by a Digital Instruments DI 5000 atomic force microscope (AFM) system using tapping mode. The AFM image is shown in Fig. 2(b). It shows that QDs formed on top of the mesas. No dots were found in the nonpatterned region; only surface roughness was observed. Figure 2(c) shows a surface profile across a mesa and a single QD. The dots on the mesas have an average base width of  $\sim 500\text{ \AA}$  and an average height of  $\sim 80\text{ \AA}$ .

For SK growth mode, the strain is partially relaxed by reorganization of the epilayer material during InAs deposition. Most of the epilayer is rearranged into 3D islands, while the rest remains in a thin wetting layer. With the appearance of 3D islands, the strain distribution changes drastically. The transmission electron microscopy (TEM) image in Fig. 3 shows the strain distribution of a single mesa after QD growth. The bright part is the area with little or no strain, which directly proves that no QDs have formed in this non-patterned region. The dark area is where the mesa is located. Because of the added strain layer on the mesa, it appears dark. On top of the mesa, there is an area of strain relief, which appears lighter in the image. But, in the center of the bright spot, there is a small dark region, which is due to the shape of QD. Specifically, because of QD formation, the

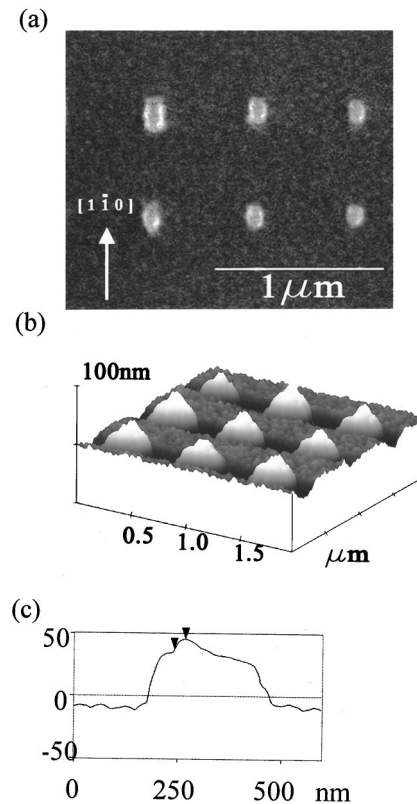


FIG. 2. (a) SEM image of a mesa lattice after MBE regrowth, (b) AFM image of a mesa lattice with QDs on top of the mesa, and (c) surface profile across a mesa and a single QD.

strain accumulated is partially relaxed near the periphery of the dot. But because the QD has a pyramid shape, the top appears to be dark. So the change in contrast provides good evidence of single QD formation.

In summary, we have demonstrated a technique for selective QD growth. By adding a strain layer in predefined regions, we can control the formation of QDs below the critical thickness at any given region. Single dot formation has been achieved on small e-beam defined mesas. We have also

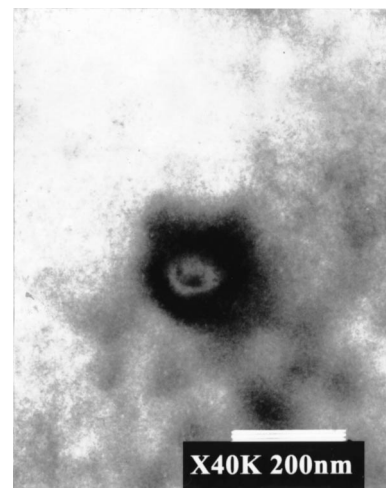


FIG. 3. TEM image showing that the strain field on the mesa changes fundamentally due to the formation of single QDs. There is a strain relief area in which there is higher contrast, however, in the center of the dark spot, there is a lower contrast area which is due to the formation of QDs and the partial relaxation of strain.

achieved two-dimensional arrays of single QDs using this technique. This technique of selectively placing single QDs should find application in many new generation quantum devices such as in single electron transistors, distributed feedback lasers, and single-photon photodetectors.

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